

# #MacroSW transcript

## Healthcare Social Media Transcript

**From:** Thu Nov 10 18:00:00 PST 2016  
**To:** Thu Nov 10 19:30:00 PST 2016  
*change time period*

What is **#MacroSW**? Who were the influencers during this time period? **#MacroSW analytics**

Healthcare Conference - Healthcare Tweet Chats - Healthcare Analytics

- officialmacrosw** Hello - Welcome to the Post-Election Detox and Open Mic **#MacroSW** Chat. I'm Pat Shelly from **@UBSSW** using the **@OfficialMacroSW** handle <https://t.co/AqpMRiUcST>  
Thu Nov 10 18:00:05 PST 2016
- kwellssw** Kendra Wells checking in for the **#MacroSW** chat tonight. Student from Wayne state university **#sw4710**  
Thu Nov 10 18:00:19 PST 2016
- officialmacrosw** Open Mic means any topic can be discussed - but we'll begin by talking about the election. Please use **#MacroSW** in all your tweets.  
Thu Nov 10 18:00:33 PST 2016
- cultiv8hope** RT **@OfficialMacroSW**: Open Mic means any topic can be discussed - but we'll begin by talking about the election. Please use **#MacroSW** in all...  
Thu Nov 10 18:00:49 PST 2016
- cheyennejohnst** Hello my name is Cheyenne. My class **#sw4710** from Wayne State will be participating tonight. **#macrosw**  
Thu Nov 10 18:00:58 PST 2016
- officialmacrosw** Let's see who's here tonight! Please introduce yourselves and I'll give some introductory remarks. **#MacroSW**  
Thu Nov 10 18:01:10 PST 2016
- porndaughter** Checking in **#macrosw**  
Thu Nov 10 18:01:14 PST 2016
- branwenspragg** Hi, my name is Branwen Spragg. I am a BSW student participating tonight along with my

#SW4710 class. #MacroSW

Thu Nov 10 18:01:23 PST 2016

**dontxtrip1x1x6**

#MacroSW Hello my name is Devonte Jones.

Thu Nov 10 18:01:26 PST 2016

**lakeya\_cherry**

@OfficialMacroSW Hi Pat! It's Lakeya from @TheNSWM Glad to be here this evening.  
#MacroSW

Thu Nov 10 18:02:07 PST 2016

**cybersocialwork**

Hello everyone, Dr. Joiner here from #WSU SSW. It's great to see #SW4710 tonight!  
#MacroSW

Thu Nov 10 18:02:14 PST 2016

**socialworksage**

Hey #MacroSW it's Todd from #UNDSW and I'm looking forward to our chat tonight.

Thu Nov 10 18:02:23 PST 2016

**officialmacrosw**

Our #MacroSW blog gives you basics abt. twitter chats/FAQs/schedule of our chats. Our Partners: @acosaorg @SideProjectInc @karengoda 1/2

Thu Nov 10 18:02:24 PST 2016

**vilissathompson**

Hey everyone! This is Vilissa, proud disabled social worker, advocate, & #MacroSW partner!!

Thu Nov 10 18:02:33 PST 2016

**dontxtrip1x1x6**

#MacroSW #SW4710 My name is Devonte Jones and I am participating in the chat for my class.

Thu Nov 10 18:02:36 PST 2016

**socwrkdoc**

Tom Felke @ FGCU checking in for #MacroSW chat

Thu Nov 10 18:02:38 PST 2016

**officialmacrosw**

...@porndaughter @SunyaFolayan @laurelhitchcock @poliSW @Relando\_T  
@VilissaThompson - we rotate the hosting #MacroSW chats 2/2

Thu Nov 10 18:02:49 PST 2016

**queent7221**

@OfficialMacroSW Hi, This is Tiffani Young, BSW student at Wayne State #SW4710  
#MacroSW

Thu Nov 10 18:02:53 PST 2016

**stuckonsw**

Come on over & do some post-election detox with #MacroSW tweet chat happening right now... <https://t.co/vorpCCbGWp>

Thu Nov 10 18:02:59 PST 2016

**kleighhiggs**

HI I'm a MSW student at UNH #macroSW

Thu Nov 10 18:03:04 PST 2016

**joneskrysti**

Hello, I am Krysti Hinchon, a BSW student participating in the chat tonight. #MacroSW  
#SW4710

Thu Nov 10 18:03:07 PST 2016

**karengoda** Please excuse extra tweets #MacroSW starts NOW!  
Thu Nov 10 18:03:23 PST 2016

**melaniesage** Hi! Melanie Sage, sw prof in ND- followers, for next hour I am debriefing at live macro social work chat, sorry for volume. #macrosw  
Thu Nov 10 18:03:28 PST 2016

**lakeya\_cherry** @porndaughter Hi Kristin! xo #MacroSW  
Thu Nov 10 18:03:33 PST 2016

**karengoda** RT @StuckonSW: Come on over & do some post-election detox with #MacroSW tweet chat happening right now... <https://t.co/vorpCCbGWp>  
Thu Nov 10 18:03:47 PST 2016

**officialmacrosw** @porndaughter Hi, Kristin! @OfficialMacroSW #macrosw  
Thu Nov 10 18:03:53 PST 2016

**ktabortot** Hi, I am Kristina Tabor, a BSW student and my #SW4710 class is participating in the Chat tonight #MacroSW  
Thu Nov 10 18:03:54 PST 2016

**ebelluomini** @DominicanU MSW Feminist class here #macrosw  
Thu Nov 10 18:04:01 PST 2016

**karengoda** RT @StuckonSW: Good read ahead of #macrosw 's post-election debriefing...NASW 's thoughtful post to reconcile this election.....  
Thu Nov 10 18:04:04 PST 2016

**karengoda** RT @OfficialMacroSW: Hello - Welcome to the Post-Election Detox and Open Mic #MacroSW Chat. I'm Pat Shelly from @UBSSW using the...  
Thu Nov 10 18:04:15 PST 2016

**melaniesage** @KleighHiggs , Dr Wells is a friend/co-author! Great to see a UNH student here! #macrosw  
Thu Nov 10 18:04:17 PST 2016

**andreaelzz** #MacroSW I am not sure how this works but hello every!  
Thu Nov 10 18:04:37 PST 2016

**vilissathompson** RT @OfficialMacroSW: ...@porndaughter @SunyaFolayan @laurelhitchcock @poliSW @Relando\_T @VilissaThompson - we rotate the hosting #MacroSW c...  
Thu Nov 10 18:04:48 PST 2016

**socialworksage** Please excuse my multiple tweets tonight I'm participating in the #MacroSW chat. Feel free to join us, we are debriefing the election  
Thu Nov 10 18:04:51 PST 2016

**ebelluomini** Hello everyone! #macrosw  
Thu Nov 10 18:04:55 PST 2016

**karengoda** RT @OfficialMacroSW: @er9172\_aisha We LOVE that your class is joining tonight. Looking forward to seeing your tweets. What school and state...  
Thu Nov 10 18:04:58 PST 2016

**karengoda** RT @OfficialMacroSW: Let's see who's here tonight! Please introduce yourselves and I'll give some introductory remarks.#MacroSW  
Thu Nov 10 18:05:04 PST 2016

**fabiola03012008** #macrosw  
Thu Nov 10 18:05:13 PST 2016

**officialmacrosw** @SocWrkDoc Hi, Tom! #macrosw  
Thu Nov 10 18:05:25 PST 2016

**andraelzz** #MacroSW Hi everyone!  
Thu Nov 10 18:05:43 PST 2016

**socialworksage** @AndreaELZZ it's easy just follow along and when you chime in remember to use the hashtag #macrosw  
Thu Nov 10 18:05:44 PST 2016

**porndaughter** @AndreaELZZ hello! #macrosw  
Thu Nov 10 18:05:46 PST 2016

**marshalesia** Feeling like I need it --Facebook is just too much combined w/ tough workday #MacroSW  
<https://t.co/b5ug8abOJb>  
Thu Nov 10 18:06:00 PST 2016

**ubittic** #macrosw Hello, its Ariel from the Institute on Trauma and Trauma Informed Care at UB. Hope everyone is having a good evening.  
Thu Nov 10 18:06:21 PST 2016

**karengoda** I'm Karen Zgoda #socialwork Instructor @BridgeStateU & @SimmonsSSW #swtech, #MacroSW #SEQuEL2017 #mylifeinhashtags #MacroSW  
Thu Nov 10 18:06:30 PST 2016

**officialmacrosw** So! There have been many many responses to the Presidential Election result. For the next hour, #MacroSW offer ideas, resources... 1a/2a  
Thu Nov 10 18:06:33 PST 2016

**charoncannon** Charon checking in a masters social work student at Dominican University #macrosw  
Thu Nov 10 18:06:42 PST 2016

**nucreature91** Hu guys!! ;) #macrosw  
Thu Nov 10 18:06:57 PST 2016

**rmaywash** Hello #macrosw  
Thu Nov 10 18:07:00 PST 2016

- karengoda** RT [@OfficialMacroSW](#): Open Mic means any topic can be discussed - but we'll begin by talking about the election. Please use [#MacroSW](#) in all...  
Thu Nov 10 18:07:00 PST 2016
- cultiv8hope** RT [@CRISPontheHill](#): Click Here to Read the latest [@socworkpolicy](#) Newsletter!  
<https://t.co/svZOQJjami> [#macrosw](#) <https://t.co/kDTiKbQQdO>  
Thu Nov 10 18:07:01 PST 2016
- relando\_t** Glad to be in community with my [#MacroSW](#) fam tonight  
Thu Nov 10 18:07:08 PST 2016
- karengoda** RT [@OfficialMacroSW](#): Our [#MacroSW](#) blog gives you basics abt. twitter chats/FAQs/schedule of our chats. Our Partners: [@acosaorg](#) [@SideProject...](#)  
Thu Nov 10 18:07:10 PST 2016
- justin\_vest** Hi, I'm Justin. MSW & community organizer in Maryland. [#MacroSW](#)  
Thu Nov 10 18:07:12 PST 2016
- charitee71** Hi I'm Christine a MSW student atUNH [#MacroSW](#)  
Thu Nov 10 18:07:14 PST 2016
- karengoda** RT [@socialworksage](#): Hey [#MacroSW](#) it's Todd from [#UNDSW](#) and I'm looking forward to our chat tonight.  
Thu Nov 10 18:07:15 PST 2016
- thenswm** [#MacroSW](#) <https://t.co/JBhxilsG0c>  
Thu Nov 10 18:07:17 PST 2016
- teeceewalker** Hello Everyone, Tammi Walker here. Dominican University MSW student. [#MacroSW](#)  
Thu Nov 10 18:07:21 PST 2016
- cultiv8hope** RT [@ktabortot](#): Hi, I am Kristina Tabor, a BSW student and my [#SW4710](#) class is participating in the Chat tonight [#MacroSW](#)  
Thu Nov 10 18:07:24 PST 2016
- officialmacrosw** ...on detoxifying from what has been an experience of [#Trauma](#) for many. We want this chat to be trauma-informed. [#MacroSW](#) 2a/2a  
Thu Nov 10 18:07:28 PST 2016
- cultiv8hope** RT [@StuckonSW](#): Come on over & do some post-election detox with [#MacroSW](#) tweet chat happening right now... <https://t.co/vorpCCbGWp>  
Thu Nov 10 18:07:29 PST 2016
- cultiv8hope** RT [@OfficialMacroSW](#): ...[@porndaughter](#) [@SunyaFolayan](#) [@laurelhitchcock](#) [@poliSW](#) [@Relando\\_T](#) [@VilissaThompson](#) - we rotate the hosting [#MacroSW](#) c...  
Thu Nov 10 18:07:36 PST 2016
- karengoda** Welcome back [@socialworksage](#)!! [#MacroSW](#) <https://t.co/trExi6DFvC>  
Thu Nov 10 18:07:37 PST 2016

**christinelu**

RT @DrKristie: If this is not your America, you best speak up now in your own communities and to new leadership. This is in our sc...

Thu Nov 10 18:07:45 PST 2016

**cultiv8hope**

RT @professormccabe: An important list. Do you have any groups to add? #MacroSW <https://t.co/xQsdKqVEB8>

Thu Nov 10 18:07:45 PST 2016

**karenzgoda**

RT @VilissaThompson: Hey everyone! This is Vilissa, proud disabled social worker, advocate, & #MacroSW partner!!

Thu Nov 10 18:07:46 PST 2016

**cultiv8hope**

RT @birdgirl1001: Let the torture of our younger generation begin. #NeverTrump #StillWithHer #MacroSW <https://t.co/AlInXJhDeA>

Thu Nov 10 18:07:52 PST 2016

**melaniesage**

If you need election brain detox, you may need @EmergencyKittens #macrosw

Thu Nov 10 18:07:54 PST 2016

**vilissathompson**

RT @OfficialMacroSW: So! There have been many many responses to the Presidential Election result. For the next hour, #MacroSW offer ideas,...

Thu Nov 10 18:08:07 PST 2016

**karenzgoda**

RT @OfficialMacroSW: ...@porndaughter @SunyaFolayan @laurelhitchcock @poliSW @Relando\_T @VilissaThompson - we rotate the hosting #MacroSW c...

Thu Nov 10 18:08:08 PST 2016

**vilissathompson**

RT @OfficialMacroSW: ...on detoxifying from what has been an experience of #Trauma for many. We want this chat to be trauma-informed. #Macr...

Thu Nov 10 18:08:09 PST 2016

**ubittic**

#macrosw It is important to remember the political is personal and this election has affected many different people in many ways.

Thu Nov 10 18:08:12 PST 2016

**officialmacrosw**

FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA #TraumaInformed Approaches and Interventions. #MacroSW

Thu Nov 10 18:08:13 PST 2016

**cultiv8hope**

RT @OfficialMacroSW: Tomorrow's #MacroSW chat - Post-Election Detox Open Mic - will be a safe and respectful place for discussion:...

Thu Nov 10 18:08:14 PST 2016

**socialworksage**

i invited my #UNDSWK255 students so I'm hopeful some will join in. #macrosw

Thu Nov 10 18:08:19 PST 2016

**karenzgoda**

Welcome back @SocWrkDoc!! #MacroSW <https://t.co/bmBmhGvJpP>

Thu Nov 10 18:08:24 PST 2016

**herrjacq** Hello Everyone [#macrosw](#)  
Thu Nov 10 18:08:32 PST 2016

**andreaelzz** Andrea from Houston. MSW/MPP student [@UH\\_SocialWork](#) [#MacroSW](#)  
Thu Nov 10 18:08:34 PST 2016

**karenzgod** Great to see you again [@melaniesage!!](#) [#MacroSW](#) <https://t.co/oBWBUXfbTG>  
Thu Nov 10 18:08:46 PST 2016

**lwfuturebsw** Hola! Lonnetta here. Social Work Student, and HIV advocate. [#MacroSW](#)  
Thu Nov 10 18:08:46 PST 2016

**socialworksage** [@LWFutureBSW](#) Which University? [#macrosw](#)  
Thu Nov 10 18:09:10 PST 2016

**officialmacrosw** We must not assume we know how our colleagues/students voted. I as [#MacroSW](#) chat host will be non-partisan. Respect, safe space for all  
Thu Nov 10 18:09:16 PST 2016

**karenzgod** Welcome to all our students joining [#MacroSW](#) tonight! [#SW4710](#) <https://t.co/XZrkjkit4>  
Thu Nov 10 18:09:18 PST 2016

**relando\_t** RT [@OfficialMacroSW](#): FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA [#TraumaInformed](#) Approaches and Interventions. [#MacroSW](#)  
Thu Nov 10 18:09:23 PST 2016

**marshalesia** Hi all Christina MSW & UB Alum here from the world of child protection [#macrosw](#)  
Thu Nov 10 18:09:28 PST 2016

**lakeya\_cherry** RT [@TheNSWM](#): [#SocialWorkersLead](#) Now, more than ever, it is our time!! [#SocialWorkersUnite](#) [#MacroSW](#) <https://t.co/dnR75bePFf>  
Thu Nov 10 18:09:37 PST 2016

**karenzgod** Wonderful to have you with us! [#MacroSW](#) <https://t.co/dOQxJtdsoe>  
Thu Nov 10 18:09:43 PST 2016

**andreaelzz** Politics is for sure personal. I am still currently a wreck of a person. Terrified, heartbroken, frustrated, and angry. [#MacroSW](#)  
Thu Nov 10 18:09:56 PST 2016

**vilissathompson** RT [@OfficialMacroSW](#): FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA [#TraumaInformed](#) Approaches and Interventions. [#MacroSW](#)  
Thu Nov 10 18:10:01 PST 2016

**yellowflowerz1** Hello this is Salwa msw student at Dominican [#macrosw](#)  
Thu Nov 10 18:10:04 PST 2016

**melaniesage** [@MarshAlesia](#) Whoop whoop for our heroes in the child protection field. Thanks for your

work. #macrosw  
Thu Nov 10 18:10:10 PST 2016

**ronbrul**

@OfficialMacroSW Hello Everyone #macrosw  
Thu Nov 10 18:10:10 PST 2016

**lakeya\_cherry**

RT @TheNSWM: As Human Service Leaders, today, let us put Management Competency 21.4 into practice. #SocialWorkersUnite...  
Thu Nov 10 18:10:14 PST 2016

**karengoda**

Great to see you again! #MacroSW <https://t.co/g36AC5B7NV>  
Thu Nov 10 18:10:27 PST 2016

**mlorithomas**

#MacroSW Hi all. Need community tonight. Lori Thomas in Charlotte, NC  
Thu Nov 10 18:10:27 PST 2016

**sunyafolayan**

Good evening! @sunyafolayan chat partner joining in! #macroSW  
Thu Nov 10 18:10:35 PST 2016

**lucylou907**

Hello this is Maria @Dominican University MSW #macrosw  
Thu Nov 10 18:10:43 PST 2016

**officialmacrosw**

We'll start with 2 questions on how you're feeling, then detoxifying, #SocialWork responses to #Election2016 #MacroSW  
Thu Nov 10 18:11:08 PST 2016

**ubittic**

RT @OfficialMacroSW: We must not assume we know how our colleagues/students voted. I as #MacroSW chat host will be non-partisan. Respect, s...  
Thu Nov 10 18:11:12 PST 2016

**teeceewalker**

If the election is causing stress, try meditation and journaling as well as conversations w loved ones. #MacroSW  
Thu Nov 10 18:11:13 PST 2016

**socialworksage**

RT @teeceewalker: If the election is causing stress, try meditation and journaling as well as conversations w loved ones. #MacroSW  
Thu Nov 10 18:11:22 PST 2016

**karengoda**

@Relando\_T #MacroSW <https://t.co/Z6uzecCO5G>  
Thu Nov 10 18:11:34 PST 2016

**relando\_t**

Hoping you find some solidarity here tonight #MacroSW <https://t.co/My70IWplcX>  
Thu Nov 10 18:11:34 PST 2016

**marshalesia**

Thank you #macrosw <https://t.co/PVT5VWzMoN>  
Thu Nov 10 18:12:02 PST 2016

**cultiv8hope**

RT @OfficialMacroSW: We'll start with 2 questions on how you're feeling, then detoxifying,



#SocialWork responses to #Election2016 #MacroSW

Thu Nov 10 18:12:15 PST 2016

**cultiv8hope**

RT @OfficialMacroSW: FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA #TraumaInformed Approaches and Interventions. #MacroSW

Thu Nov 10 18:12:26 PST 2016

**officialmacrosw**

And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)

Thu Nov 10 18:12:28 PST 2016

**ebelluomini**

@karenzgodas #macrosw This is the first time for many of the students! Great to be here! Especially during the post election blues

Thu Nov 10 18:12:41 PST 2016

**karenzgodas**

@Justin\_Vest #MacroSW <https://t.co/tFs6ObVCM6>

Thu Nov 10 18:12:47 PST 2016

**vilissathompson**

RT @OfficialMacroSW: And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)

Thu Nov 10 18:12:51 PST 2016

**ktabortot**

RT @OfficialMacroSW: FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA #TraumaInformed Approaches and Interventions. #MacroSW

Thu Nov 10 18:12:53 PST 2016

**karenzgodas**

RT @OfficialMacroSW: So! There have been many many responses to the Presidential Election result. For the next hour, #MacroSW offer ideas,...

Thu Nov 10 18:13:05 PST 2016

**sunyafolayan**

As always it is great to see so many students. #macrosw

Thu Nov 10 18:13:06 PST 2016

**relando\_t**

@karenzgodas hi! Wish I could make one back that was cool #MacroSW

Thu Nov 10 18:13:07 PST 2016

**karenzgodas**

RT @OfficialMacroSW: ...on detoxifying from what has been an experience of #Trauma for many. We want this chat to be trauma-informed. #Macr...

Thu Nov 10 18:13:11 PST 2016

**er9172\_aisha**

#MacroSW #SW4710 I'm feeling wonderful! Thank you

Thu Nov 10 18:13:16 PST 2016

**relando\_t**

RT @OfficialMacroSW: And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)

Thu Nov 10 18:13:21 PST 2016

**cultiv8hope**

RT @OfficialMacroSW: And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)

Thu Nov 10 18:13:27 PST 2016

- cultiv8hope** RT @teeceewalker: If the election is causing stress, try meditation and journaling as well as conversations w loved ones. #MacroSW  
Thu Nov 10 18:13:36 PST 2016
- socialworksage** Feeling a sense of fear and sadness that we are on a journey to a darker place in our society #macrosw  
Thu Nov 10 18:13:40 PST 2016
- cultiv8hope** RT @mlorithomas: #MacroSW Hi all. Need community tonight. Lori Thomas in Charlotte, NC  
Thu Nov 10 18:13:44 PST 2016
- b8jcjkeyuyxcakw** Hi, I'm Basem. Dominican University MSW Student. #MacroSW  
Thu Nov 10 18:13:50 PST 2016
- cultiv8hope** RT @AndreaELZZ: Politics is for sure personal. I am still currently a wreck of a person. Terrified, heartbroken, frustrated, and angry. #M...  
Thu Nov 10 18:13:54 PST 2016
- cultiv8hope** RT @MarshAlesia: Hi all Christina MSW & UB Alum here from the world of child protection #macrosw  
Thu Nov 10 18:14:03 PST 2016
- dana\_ries** I believe America needs to join together, regardless of who is in office #SW4710 #MacroSW  
Thu Nov 10 18:14:04 PST 2016
- officialmacrosw** First question Q 1 How are you feeling tonight? #MacroSW (use A1 to identify your answer to Q1) @AndreaELZZ - you are a wreck. say more-  
Thu Nov 10 18:14:05 PST 2016
- cultiv8hope** RT @charitee71: Hi I'm Christine a MSW student atUNH #MacroSW  
Thu Nov 10 18:14:14 PST 2016
- irtinasaad** Hot topic tonight!! Eager for the discussion to begin! #macrosw #sw4710  
Thu Nov 10 18:14:19 PST 2016
- karengoda** @melaniesage @EmrgencyKittens is one of my FAVORITES! #MacroSW  
<https://t.co/kgj225yPfl>  
Thu Nov 10 18:14:19 PST 2016
- cheyennejohnst** I am feeling okay. I did not let this election effect my personal relationship with my friends and family #macrosw #SW4710  
Thu Nov 10 18:14:20 PST 2016
- cultiv8hope** RT @VilissaThompson: Hey everyone! This is Vilissa, proud disabled social worker, advocate, & #MacroSW partner!!  
Thu Nov 10 18:14:20 PST 2016
- karengoda** RT @UBittic: #macrosw It is important to remember the political is personal and this election has affected many different people in many wa...

Thu Nov 10 18:14:25 PST 2016

**karenzgoda**

RT @OfficialMacroSW: FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA #TraumaInformed Approaches and Interventions. #MacroSW

Thu Nov 10 18:14:30 PST 2016

**cultiv8hope**

RT @DrKristie: Some of our best networking partners this election: @CRISPontheHill @SJSworks @socworkpodcast @swhelpercom #MacroSW...

Thu Nov 10 18:14:33 PST 2016

**socialworksage**

Worried that the hard work that our front line SWers are doing is about to become overwhelming if already thin resources are taken #macrosw

Thu Nov 10 18:14:40 PST 2016

**90266elise**

Greetings from L.A.! #macrosw

Thu Nov 10 18:14:41 PST 2016

**cultiv8hope**

RT @Info4Practice: New on <https://t.co/8pxKdRDxAR> | Special Commission to Advance Macro Practice in Social Work - Overview | <https://t.co/L...>

Thu Nov 10 18:14:46 PST 2016

**karenzgoda**

Welcome to #MacroSW #UNDSWK255!! <https://t.co/eGmHcYrfpu>

Thu Nov 10 18:14:49 PST 2016

**teeceewalker**

RT @IRtinasaad: Hot topic tonight!! Eager for the discussion to begin! #macrosw #sw4710

Thu Nov 10 18:14:51 PST 2016

**karenzgoda**

RT @OfficialMacroSW: We must not assume we know how our colleagues/students voted. I as #MacroSW chat host will be non-partisan. Respect, s...

Thu Nov 10 18:15:02 PST 2016

**teeceewalker**

RT @SunyaFolayan: As always it is great to see so many students. #macroSW

Thu Nov 10 18:15:05 PST 2016

**teeceewalker**

RT @EBelluomini: @karenzgoda #macrosw This is the first time for many of the students! Great to be here! Especially during the post electio...

Thu Nov 10 18:15:10 PST 2016

**karenzgoda**

RT @EBelluomini: @karenzgoda #macrosw This is the first time for many of the students! Great to be here! Especially during the post electio...

Thu Nov 10 18:15:21 PST 2016

**dontxtrip1x1x6**

#MacroSW SW4710 I'm doing fine. I'm not thrilled on how the election turned out.

Thu Nov 10 18:15:23 PST 2016

**cheyennejohnst**

A1. I am feeling okay. I did not let this election effect my personal relationships with friends and family. #SW4710 #macrosw

Thu Nov 10 18:15:26 PST 2016

**marshalesia**

RT @OfficialMacroSW: We'll start with 2 questions on how you're feeling, then detoxifying, #SocialWork responses to #Election2016 #MacroSW

Thu Nov 10 18:15:36 PST 2016

**jessicankrug**

@OfficialMacroSW @AndreaELZZ A1 Hello everyone! I am feeling eh. Nervous about our country's future. #SW4710 #MacroSW

Thu Nov 10 18:15:40 PST 2016

**officialmacrosw**

@mlorithomas @Cultiv8Hope You have come to the right place #MacroSW

Thu Nov 10 18:15:42 PST 2016

**relando\_t**

A1 in many ways, still waiting as if someone is going to wake me from a nightmare #MacroSW

Thu Nov 10 18:15:45 PST 2016

**karengoda**

@Relando\_T the gif button does all my work 😊 #MacroSW <https://t.co/AWvzJ4FHVs>

Thu Nov 10 18:15:50 PST 2016

**lwfuturebsw**

A1- Somber. Sad for my friends who aren't middle class white men. #MacroSW

Thu Nov 10 18:15:51 PST 2016

**vilissathompson**

RT @OfficialMacroSW: First question Q 1 How are you feeling tonight? #MacroSW (use A1 to identify your answer to Q1) @AndreaELZZ - you are...

Thu Nov 10 18:15:52 PST 2016

**danaksw**

@OfficialMacroSW A1: Angry, sad, and frightened. #MacroSW

Thu Nov 10 18:15:55 PST 2016

**andreaelzz**

Apart from a wreck. I am considering permanently leaving the church. I cant get myself 2 worship w/ the oppressors of my community. #MacroSW

Thu Nov 10 18:15:58 PST 2016

**dana\_ries**

I am also feeling scared about the future of America but I am trying to stay positive and have faith. #SW4710 #MacroSW

Thu Nov 10 18:16:00 PST 2016

**melaniesage**

Breathe along with this meditative animated gif for relaxation: <https://t.co/sSY4YPoPlc> #macrosw

Thu Nov 10 18:16:04 PST 2016

**brookebaclig**

A.1 Fearful but open #MacroSW

Thu Nov 10 18:16:05 PST 2016

**lakeya\_cherry**

@OfficialMacroSW A1 I went through all of the stages of grief yesterday but woke up refreshed and with more clarity. #MacroSW

Thu Nov 10 18:16:10 PST 2016

**ktabortot**

It's important that people know it is okay to be upset and not push to be okay. #MacroSW #SW4710 <https://t.co/Ypnudneysk>

Thu Nov 10 18:16:17 PST 2016

- sunyafolayan** <https://t.co/8qKdAQWudl> ▼ Its good for you so its ok! #macrosw <https://t.co/DLRwK3346O>  
Thu Nov 10 18:16:24 PST 2016
- karengoda** RT @AndreaELZZ: Politics is for sure personal. I am still currently a wreck of a person. Terrified, heartbroken, frustrated, and angry. #M...  
Thu Nov 10 18:16:26 PST 2016
- queent7221** @OfficialMacroSW @AndreaELZZ A1 feeling better than I did Wednesday morning  
##SW4710 #MacroSW  
Thu Nov 10 18:16:27 PST 2016
- karengoda** RT @melaniesage: @MarshAlesia Whoop whoop for our heroes in the child protection field. Thanks for your work. #macrosw  
Thu Nov 10 18:16:30 PST 2016
- karen\_que03** @OfficialMacroSW Hello, I'm Karen. #MacroSW  
Thu Nov 10 18:16:32 PST 2016
- branwenspragg** Q1 I'm feeling relieved that it is over & also hopeful. #MacroSW #SW4710  
Thu Nov 10 18:16:36 PST 2016
- socialworkersrj** #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with correct gender before 1/20/17 <https://t.co/NyMZbYKNCA>  
Thu Nov 10 18:16:36 PST 2016
- karengoda** RT @mlorithomas: #MacroSW Hi all. Need community tonight. Lori Thomas in Charlotte, NC  
Thu Nov 10 18:16:37 PST 2016
- irtinasaad** A1. Worried about the marginalized community of Detroit and what this means for them.  
#macrosw #4710  
Thu Nov 10 18:16:43 PST 2016
- keenathwatkins3** A1 Tonight I feel that we as Americans need to come together as one. #MacroSW #SW4710  
Thu Nov 10 18:16:45 PST 2016
- karengoda** RT @Relando\_T: Hoping you find some solidarity here tonight #MacroSW  
<https://t.co/My70IWplcX>  
Thu Nov 10 18:16:47 PST 2016
- kwellssw** A1 Tired of the over reactions. POTUS doesn't have /that/ much power - the world will go on  
#macrosw #sw4710  
Thu Nov 10 18:16:48 PST 2016
- karengoda** RT @OfficialMacroSW: And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)  
Thu Nov 10 18:16:54 PST 2016
- stuckonsw** RT @socialworksage: Worried that the hard work that our front line SWers are doing is

about to become overwhelming if already thin resource...

Thu Nov 10 18:16:57 PST 2016

**marshalesia**

RT @OfficialMacroSW: And remember: it's OK to not be OK #MacroSW (I may need to repeat this!)

Thu Nov 10 18:17:01 PST 2016

**vilissathompson**

A1: Better than yesterday. Thankful to be checked on by friends & check in on others. Self-care is a necessity at the moment. #MacroSW

Thu Nov 10 18:17:05 PST 2016

**melaniesage**

A1. worried about policy and practice implications, my research, and about my students and friends, and my son's health insurance. #macrosw

Thu Nov 10 18:17:13 PST 2016

**marshalesia**

RT @karengoda: Welcome to all our students joining #MacroSW tonight! #SW4710 <https://t.co/XZrkjita4>

Thu Nov 10 18:17:16 PST 2016

**dana\_ries**

A1: I am also feeling scared about the future of America but I am trying to stay positive and have faith. #SW4710 #MacroSW

Thu Nov 10 18:17:17 PST 2016

**socwrkdoc**

Feeling disappointed and worried for some groups but also very energized to get work done to assist with the divides #MacroSW

Thu Nov 10 18:17:17 PST 2016

**jessicankrug**

@kwellssw He is the face that represents us though and we all look like bigots now. #SW4710 #MacroSW

Thu Nov 10 18:17:24 PST 2016

**socialworkersrj**

RT @AndreaELZZ: Politics is for sure personal. I am still currently a wreck of a person. Terrified, heartbroken, frustrated, and angry. #M...

Thu Nov 10 18:17:31 PST 2016

**ebelluomini**

#macrosw Q1 feeling like I need to create some direct action social justice solutions to have Love Trump Hate

Thu Nov 10 18:17:42 PST 2016

**socialchange91**

A little numb and upset. But ready to really make social change #MacroSW <https://t.co/wh3YrIvPgF>

Thu Nov 10 18:17:44 PST 2016

**branwenspragg**

RT @kwellssw: A1 Tired of the over reactions. POTUS doesn't have /that/ much power - the world will go on #macrosw #sw4710

Thu Nov 10 18:17:49 PST 2016

**dtwps**

RT @SocialWorkersRJ: #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with corre...

Thu Nov 10 18:17:59 PST 2016

**relando\_t** A1.a have been working with folks with marginalized identities who are worried about being deported, attacked for their religion, #MacroSW  
Thu Nov 10 18:18:01 PST 2016

**rosie\_llewellyn** @OfficialMacroSW I'm scared for my family and the safety of my lgbt community #MacroSW  
Thu Nov 10 18:18:11 PST 2016

**rmaywash** #macrosw. Q1 I continue to have faith in humanity and believe that the greater good will prevail.  
Thu Nov 10 18:18:17 PST 2016

**karengoda** @SunyaFolayan @VilissaThompson @porndaughter #MacroSW <https://t.co/mrnt3IFsqX>  
Thu Nov 10 18:18:25 PST 2016

**karengoda** RT @er9172\_aisha: #MacroSW #SW4710 I'm feeling wonderful! Thank you  
Thu Nov 10 18:18:32 PST 2016

**cultiv8hope** RT @OfficialMacroSW: @mlorithomas @Cultiv8Hope You have come to the right place #MacroSW  
Thu Nov 10 18:18:32 PST 2016

**karengoda** RT @socialworksage: Feeling a sense of fear and sadness that we are on a journey to a darker place in our society #macrosw  
Thu Nov 10 18:18:36 PST 2016

**ktabortot** A1-Ready to move forward and help our president-elect to improve on the things that people are doubting in him#MacroSW #SW4710 <https://t.co/c3HEBZnrHD>  
Thu Nov 10 18:18:38 PST 2016

**karengoda** RT @OfficialMacroSW: First question Q 1 How are you feeling tonight? #MacroSW (use A1 to identify your answer to Q1) @AndreaELZZ - you are...  
Thu Nov 10 18:18:44 PST 2016

**dontxtrip1x1x6** #MacroSW #SW4710 A1- I'm sad at how divided America was this election.  
Thu Nov 10 18:18:49 PST 2016

**cheyennejohnst** @BranwenSpragg I agree with you Branwen. I cant wait to see what the future holds for the US. #SW4710 #MacroSW  
Thu Nov 10 18:18:49 PST 2016

**vilissathompson** RT @karengoda: @SunyaFolayan @VilissaThompson @porndaughter #MacroSW <https://t.co/mrnt3IFsqX>  
Thu Nov 10 18:18:56 PST 2016

**armandoanymile** A1) I feel like if Trump supporters were "wrong" then not enough people that were "right" voted. America as a whole has to own this #MacroSW  
Thu Nov 10 18:18:56 PST 2016

**keenathwatkins3** A1 The results may not have gone the way that was expected but we can't let that effect us negatively, spread love! #MacroSW #SW4710

Thu Nov 10 18:18:59 PST 2016

**erikaemke**

A1: I hurt for those who live in fear for what is to come. I feel it is our duty to comfort and support them. #SW4710 #macrosw

Thu Nov 10 18:19:05 PST 2016

**socialworksage**

A1- I'm also worried about the future of #NoDAPL with a change in political power, #StandingRock needs support not hate. #macrosw

Thu Nov 10 18:19:06 PST 2016

**officialmacrosw**

@Relando\_T Yes, have heard that from children of refugees resettled here in Buffalo. #macrosw

Thu Nov 10 18:19:11 PST 2016

**andreaelzz**

@kwellssw it is the sentiment behind him that hurts. Some ppl are aware that president have limited power. #MacroSW

Thu Nov 10 18:19:13 PST 2016

**kwellssw**

@JessicaNKrug he doesn't define the American community, the world knows that #macrosw #sw4710

Thu Nov 10 18:19:27 PST 2016

**cultiv8hope**

@OfficialMacroSW @mlorithomas Hola #MacroSW lurking retired MSW former ACSW LCSW family therapist addictions/mh OKLAHOMA, red state SSDD.

Thu Nov 10 18:19:33 PST 2016

**relando\_t**

A1.b attacked for their sexual orientation and gender identity expression and more #MacroSW

Thu Nov 10 18:19:36 PST 2016

**porndaughter**

A1: feeling sad and not sure what to do. I don't believe all who voted for Trump are racists/sexist. Hard to accept their vote. #macrosw

Thu Nov 10 18:19:37 PST 2016

**dana\_ries**

@DontxTrip1x1x6 I feel the same way. It is important to try and stay positive and hope for the best. #SW4710 #MacroSW

Thu Nov 10 18:19:41 PST 2016

**kwellssw**

RT @SocWrkDoc: Feeling disappointed and worried for some groups but also very energized to get work done to assist with the divides #MacroSW

Thu Nov 10 18:19:58 PST 2016

**karenzgoda**

A1: I was not surprised by election outcome. We have much work to do! <https://t.co/7HY51Tiuwa> #MacroSW

Thu Nov 10 18:20:09 PST 2016

**stuckonsw**

A1 Worried but encouraged by being grounded in our #SocialWork values & lots of messages to roll up our #MacroSW sleeves <https://t.co/sSJME7t1Ca>

Thu Nov 10 18:20:13 PST 2016

**karenzgoda**

RT @IRtinasaad: Hot topic tonight!! Eager for the discussion to begin! #macrosw #sw4710



Thu Nov 10 18:20:16 PST 2016

**ktabortot**

A1-Ready to move forward and help our president-elect to improve on the things that people are doubting #MacroSW #SW4710 <https://t.co/c3HEBZNRHD>

Thu Nov 10 18:20:19 PST 2016

**melaniesage**

FYI- if you are trying to follow chat on twitter, easier to use this website: <https://t.co/LfxL86GPWJ> #macrosw

Thu Nov 10 18:20:22 PST 2016

**karengoda**

RT @socialworksage: Worried that the hard work that our front line SWers are doing is about to become overwhelming if already thin resource...

Thu Nov 10 18:20:26 PST 2016

**dudemediassucks**

#MacroSW A1 I'm feeling that there's a mixture of pre-emptive panic and realistic concerns. We need to help navigate through it. <https://t.co/Tdt3UveGKO>

Thu Nov 10 18:20:29 PST 2016

**karengoda**

Welcome back Elise! #MacroSW <https://t.co/C6s59ixf0W>

Thu Nov 10 18:20:39 PST 2016

**socialworksage**

A1- I've been excited to see @ACLU step up to ensure individual rights will be respected through rule of law. #macrosw

Thu Nov 10 18:20:51 PST 2016

**cultiv8hope**

@OfficialMacroSW @mlorithomas my most striking comment was from @VictoriaPannell USA actress, older adolescent, advocate. See her TL. #MacroSW

Thu Nov 10 18:20:57 PST 2016

**justin\_vest**

A1: Not great. Trying to figure out what happened for Trump to win, what to expect from his administration & how to fight back. #MacroSW

Thu Nov 10 18:21:01 PST 2016

**dana\_ries**

RT @rmaywash: #macrosw. Q1 I continue to have faith in humanity and believe that the greater good will prevail.

Thu Nov 10 18:21:16 PST 2016

**marshalesia**

Awww, kittens thanks #MacroSW ❤️ <https://t.co/l3UAKBRyup>

Thu Nov 10 18:21:20 PST 2016

**relando\_t**

A1.c just saw footage today of white middle school students shouting "build a wall" in their cafeteria today #MacroSW

Thu Nov 10 18:21:20 PST 2016

**lakeya\_cherry**

@karengoda Lol at the song! Memories. Made me smile. #MacroSW

Thu Nov 10 18:21:20 PST 2016

**ebelluomini**

A1 #macrosw In Trumps first 100 days release he posted his agenda was to move forward with the pipeline, What direct action can we do? <https://t.co/WYTJQH53oa>

Thu Nov 10 18:21:34 PST 2016

- vilissathompson** RT @socialworksage: A1- I'm also worried about the future of #NoDAPL with a change in political power, #StandingRock needs support not hate...  
Thu Nov 10 18:21:41 PST 2016
- kwellssw** A1 I'm excited to see if the American community can come together in a way that is truly productive #macrosw #sw4710  
Thu Nov 10 18:21:42 PST 2016
- joneskrysti** A1: I am nervously hopeful. I want to be open and optimistic but I have reservations.  
#MacroSW #SW4710  
Thu Nov 10 18:21:44 PST 2016
- karen\_que03** A1 I'm feeling good. I'm glad that the election is finally over. However, I'm worried about all that is going on with the protests #macrosw  
Thu Nov 10 18:21:54 PST 2016
- jessicankrug** @kwellssw I am not entirely sure the world knows that. #SW4710 #MacroSW  
Thu Nov 10 18:22:10 PST 2016
- karengoda** A1: In fact, I already did the extra credit assignment to get to work tonight! #MacroSW  
<https://t.co/WOvcgND17I>  
Thu Nov 10 18:22:15 PST 2016
- lakeya\_cherry** RT @StuckonSW: A1 Worried but encouraged by being grounded in our #SocialWork values & lots of messages to roll up our #MacroSW s...  
Thu Nov 10 18:22:20 PST 2016
- dana\_ries** @rmywash I love this tweet! I believe America must come together in love in order to prevail #SW4710 #MacroSW  
Thu Nov 10 18:22:28 PST 2016
- keenathwatkins3** @kwellssw I tend to agree. We have to accept the results and hope for the best not just in President, all involved. #MacroSW #SW4710  
Thu Nov 10 18:22:30 PST 2016
- justin\_vest** Agreed, but I think we need to prepare to be on the front lines protecting most marginalized, not just courtrooms. #MacroSW <https://t.co/bpHEyFbHH8>  
Thu Nov 10 18:22:32 PST 2016
- marshalesia** It's already happening #macrosw <https://t.co/z3c8Xlf3JA>  
Thu Nov 10 18:22:35 PST 2016
- cultiv8hope** @OfficialMacroSW @mlorithomas #MacroSW SO..... work to refocus hope.  
<https://t.co/9I4At87Brj> & <https://t.co/Y4gDLsmUK7> depleted community  
Thu Nov 10 18:22:37 PST 2016
- call\_me\_bwana** This non-partisan attempt is fading fast. #macrosw  
Thu Nov 10 18:22:45 PST 2016

**dana\_ries**

RT @JonesKrysti: A1: I am nervously hopeful. I want to be open and optimistic but I have reservations. #MacroSW #SW4710

Thu Nov 10 18:22:51 PST 2016

**karengoda**

#MacroSW <https://t.co/MGJTMf18G9>

Thu Nov 10 18:22:53 PST 2016

**relando\_t**

@lakeya\_cherry @karengoda I've had the song "I started a joke" by The Bee Gees on repeat today #MacroSW

Thu Nov 10 18:23:01 PST 2016

**mtscp2**

RT @SocialWorkersRJ: #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with corre...

Thu Nov 10 18:23:05 PST 2016

**karengoda**

This is how #MacroSW rolls. <https://t.co/ffW8t67Cvj>

Thu Nov 10 18:23:08 PST 2016

**sunyafolayan**

A1: Mixed feelings. Crisis=Opportunity is what resonates.#macroSW

Thu Nov 10 18:23:10 PST 2016

**karengoda**

RT @lakeya\_cherry: @karengoda Lol at the song! Memories. Made me smile. #MacroSW

Thu Nov 10 18:23:30 PST 2016

**vilissathompson**

RT @karengoda: This is how #MacroSW rolls. <https://t.co/ffW8t67Cvj>

Thu Nov 10 18:23:37 PST 2016

**yellowflowerz1**

@OfficialMacroSW A1) I'm worried about all my refugee clients that are in a panic about the future #macrosw

Thu Nov 10 18:23:40 PST 2016

**cybersocialwork**

A1, feeling sad as our kids r watching us. Michigan students chant 'build the wall' in viral video #macrosw #Sw4710 <https://t.co/GcxhdocMb8>

Thu Nov 10 18:23:40 PST 2016

**amstylianou**

Signing on late #macrosw.

Thu Nov 10 18:23:43 PST 2016

**marshalesia**

RT @melaniesage: Breathe along with this meditative animated gif for relaxation: <https://t.co/sSY4YPoPic> #macrosw

Thu Nov 10 18:23:53 PST 2016

**vilissathompson**

#MacroSW <https://t.co/qB0QLIrUvp>

Thu Nov 10 18:24:01 PST 2016

**karengoda**

@Relando\_T @lakeya\_cherry LOL #MacroSW <https://t.co/ghM2cmBZBp>

Thu Nov 10 18:24:09 PST 2016

**rmaywash**

What the world needs now is Love #MacroSW <https://t.co/Kf9tmaEm7n>

Thu Nov 10 18:24:13 PST 2016

**polisw**

@Justin\_Vest @socialworksage @ACLU also need to work on movement and community building. #MacroSW

Thu Nov 10 18:24:19 PST 2016

**porndaughter**

A1: Throwing this out. What if a Dems/Republicans Against Hate group was started? I have no idea what this would do. #MacroSW

Thu Nov 10 18:24:22 PST 2016

**stuckonsw**

In times of frustration those core values always hold me up ... can also add the #macrosw community :) <https://t.co/QY9mdUFcO5>

Thu Nov 10 18:24:26 PST 2016

**socialworksage**

@call\_me\_bwana I am more worried about the people living in the margin of our society than being non-partisan. #macrosw

Thu Nov 10 18:24:26 PST 2016

**vilissathompson**

RT @Relando\_T: A1.c just saw footage today of white middle school students shouting "build a wall" in their cafeteria today #MacroSW

Thu Nov 10 18:24:29 PST 2016

**vilissathompson**

RT @socialworksage: A1- I've been excited to see @ACLU step up to ensure individual rights will be respected through rule of law. #macrosw

Thu Nov 10 18:24:37 PST 2016

**melaniesage**

We can't afford to sit back & hope for the best. We need to plan to protect social justice and address emboldened racism. #macrosw

Thu Nov 10 18:24:42 PST 2016

**justin\_vest**

RT @yellowflowerz1: @OfficialMacroSW A1) I'm worried about all my refugee clients that are in a panic about the future #macrosw

Thu Nov 10 18:24:43 PST 2016

**marshalesia**

RT @mlorithomas: #MacroSW Hi all. Need community tonight. Lori Thomas in Charlotte, NC

Thu Nov 10 18:24:45 PST 2016

**irtinasaad**

RT @CyberSocialWork: A1, feeling sad as our kids r watching us. Michigan students chant 'build the wall' in viral video #macrosw #Sw4710 h...

Thu Nov 10 18:24:50 PST 2016

**justin\_vest**

RT @poliSW: @Justin\_Vest @socialworksage @ACLU also need to work on movement and community building. #MacroSW

Thu Nov 10 18:24:55 PST 2016

**16af111428e14c7**

#macrosw A1) I feel worried for those who are in fear of what will happen now that Trump has won the election#SW4710.

Thu Nov 10 18:24:57 PST 2016

RT @BranwenSpragg: Q1 I'm feeling relieved that it is over & also hopeful. #MacroSW

**karenzgod**

#SW4710

Thu Nov 10 18:25:00 PST 2016

**filipeduarte81**

RT @socialworksage: A1- I'm also worried about the future of #NoDAPL with a change in political power, #StandingRock needs support not hate...

Thu Nov 10 18:25:01 PST 2016

**lakeya\_cherry**

@Relando\_T It's alarming that now people feel FREE to be open with their closeted racism. This example is esp sad b/c its kids. #MacroSW

Thu Nov 10 18:25:04 PST 2016

**polisw**

RT @socialworksage: @call\_me\_bwana I am more worried about the people living in the margin of our society than being non-partisan. #macrosw

Thu Nov 10 18:25:06 PST 2016

**karenzgod**

RT @SocialWorkersRJ: #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with corre...

Thu Nov 10 18:25:10 PST 2016

**karenzgod**

RT @keenathwatkins3: A1 Tonight I feel that we as Americans need to come together as one. #MacroSW #SW4710

Thu Nov 10 18:25:15 PST 2016

**dontxtrip1x1x6**

#macrosw #SW4710 I just pray and hope that America can stand united and not fall apart.

Thu Nov 10 18:25:19 PST 2016

**officialmacrosw**

Question 2 coming up – please respond using A2 (or A3 etc) #MacroSW

Thu Nov 10 18:25:23 PST 2016

**armandoanymile**

RT @melaniesage: We can't afford to sit back & hope for the best. We need to plan to protect social justice and address emboldened racism. #...

Thu Nov 10 18:25:27 PST 2016

**karenzgod**

YES. #MacroSW <https://t.co/6bAqfyu4Hg>

Thu Nov 10 18:25:30 PST 2016

**justin\_vest**

RT @melaniesage: We can't afford to sit back & hope for the best. We need to plan to protect social justice and address emboldened racism. #...

Thu Nov 10 18:25:31 PST 2016

**karenzgod**

RT @VilissaThompson: A1: Better than yesterday. Thankful to be checked on by friends & check in on others. Self-care is a necessity at the...

Thu Nov 10 18:25:37 PST 2016

**jessicankrug**

@kwellssw Canada is a lot nicer to the US than most countries. #SW4710 #MacroSW

Thu Nov 10 18:25:48 PST 2016

**karenzgod**

RT @melaniesage: A1. worried about policy and practice implications, my research, and about my students and friends, and my son's health ins...

Thu Nov 10 18:25:49 PST 2016

**keenathwatkins3**

@erikaemke I agree Erika. We have to provide support and trust in the process at this point and hope for the best for all. #MacroSW #SW4710

Thu Nov 10 18:25:51 PST 2016

**kwellssw**

In case you haven't already seen this: <https://t.co/Sa9ZayVVuq> The world knows that we are not with him, you guys! #macrosw #sw4710

Thu Nov 10 18:25:54 PST 2016

**stuckonsw**

RT @SunyaFolayan: A1: Mixed feelings. Crisis=Opportunity is what resonates.#macroSW

Thu Nov 10 18:26:05 PST 2016

**karengoda**

YESSSSSS. #MacroSW <https://t.co/y216PXqdes>

Thu Nov 10 18:26:07 PST 2016

**lakeya\_cherry**

@StuckonSW and unfortunately so many of us need to be reminded about these. #MacroSW

Thu Nov 10 18:26:07 PST 2016

**karengoda**

RT @socialchange91: A little numb and upset. But ready to really make social change #MacroSW <https://t.co/wh3YrlvPgF>

Thu Nov 10 18:26:18 PST 2016

**polisw**

RT @melaniesage: We can't afford to sit back & hope for the best. We need to plan to protect social justice and address emboldened racism. #...

Thu Nov 10 18:26:20 PST 2016

**vilissathompson**

I needed to see this!! <https://t.co/enVFR1u4bn>

Thu Nov 10 18:26:21 PST 2016

**dana\_ries**

RT @OfficialMacroSW: Question 2 coming up – please respond using A2 (or A3 etc) #MacroSW

Thu Nov 10 18:26:26 PST 2016

**relando\_t**

When we are "neutral" in times of injustice....#MacroSW <https://t.co/NJuZce4P3P>

Thu Nov 10 18:26:50 PST 2016

**elenadelavega7**

#macrosw is more important than ever. We must teach our students basic economics so they understand what actually works @acosorg

Thu Nov 10 18:26:57 PST 2016

**karengoda**

@socialchange91 great to see you again!! #MacroSW <https://t.co/LLjnfw9brl>

Thu Nov 10 18:27:00 PST 2016

**ktabortot**

A1-Upset by the behavior, violence and the rioting that has taken place not to mention the vile language on social media #MacroSW #SW4710

Thu Nov 10 18:27:01 PST 2016

**ebelluomini**

Better than singing "Easy Street" although some people may feel a little hopeless right now.

#macrosw @Relando\_T @lakeya\_cherry <https://t.co/oQwMRVTOh9>

Thu Nov 10 18:27:04 PST 2016

**officialmacrosw**

Q2 What aspects of your identity were affected by this election? #MacroSW

Thu Nov 10 18:27:06 PST 2016

**cultiv8hope**

@OfficialMacroSW @mlorithomas #MacroSW tada @VictoriaPannell BTW she would make a fine fine social worker. :) @VOXROXATL @nasw @UN4Youth <https://t.co/6uiBCjcfN1>

Thu Nov 10 18:27:07 PST 2016

**karengoda**

RT @Relando\_T: A1.a have been working with folks with marginalized identities who are worried about being deported, attacked for their reli...

Thu Nov 10 18:27:08 PST 2016

**mlorithomas**

KKK celebration parade planned in NC on Dec 3 #MacroSW

Thu Nov 10 18:27:16 PST 2016

**sunyafolayan**

A1: I don't see America as coming together as one, if a group spells it Amerikkka. We cannot continue to gloss over this fracture.#macroSW

Thu Nov 10 18:27:17 PST 2016

**danaksw**

This is what we are up against and why I cannot and will not accept him as president. #MacroSW <https://t.co/CRhQI9hsT4>

Thu Nov 10 18:27:29 PST 2016

**cultiv8hope**

RT @ktabortot: A1-Upset by the behavior, violence and the rioting that has taken place not to mention the vile language on social media #Ma...

Thu Nov 10 18:27:34 PST 2016

**socwrkdoc**

A1) A larger concern for me was seeing decisions being made by some upper administration that affected SW programs response #MacroSW

Thu Nov 10 18:27:36 PST 2016

**alliehotsauce**

@lakeya\_cherry @Relando\_T Exactly. Now its not closeted, its outward and normalized. #macrosw

Thu Nov 10 18:27:39 PST 2016

**cultiv8hope**

RT @ElenaDelavega7: #macrosw is more important than ever. We must teach our students basic economics so they understand what actually works...

Thu Nov 10 18:27:39 PST 2016

**karengoda**

@Relando\_T #MacroSW <https://t.co/zi5X0lp15S>

Thu Nov 10 18:27:43 PST 2016

**vilissathompson**

RT @OfficialMacroSW: Q2 What aspects of your identity were affected by this election? #MacroSW

Thu Nov 10 18:27:47 PST 2016

**cultiv8hope**

RT @OfficialMacroSW: Question 2 coming up – please respond using A2 (or A3 etc) #MacroSW

Thu Nov 10 18:27:47 PST 2016

**16af111428e14c7**

@keenathwatkins3 #Macrosw I agree this is all we can do spread love to all #SW4710.

Thu Nov 10 18:27:48 PST 2016

**cultiv8hope**

RT @socialworksage: @call\_me\_bwana I am more worried about the people living in the margin of our society than being non-partisan. #macrosw

Thu Nov 10 18:27:57 PST 2016

**rosie\_llewellyn**

@OfficialMacroSW A2 all aspects of my identity. I am an immigrant, a women of color and the daughter of two gay dads. #macroSW

Thu Nov 10 18:28:12 PST 2016

**karengoda**

#MacroSW 😊 <https://t.co/kCGJrcAkEi>

Thu Nov 10 18:28:13 PST 2016

**melaniesage**

@SocWrkDoc you too huh? what a helpless feeling. #macrosw

Thu Nov 10 18:28:13 PST 2016

**disgamechanger**

RT @StuckonSW: In times of frustration those core values always hold me up ... can also add the #macrosw community :) <https://t.co/QY9mdUFc...>

Thu Nov 10 18:28:16 PST 2016

**keenathwatkins3**

@SunyaFolayan I am in a similar position. We just have to trust in the process and hope for the best outcome. #MacroSW #SW4710

Thu Nov 10 18:28:22 PST 2016

**cybersocialwork**

RT @mlorithomas: KKK celebration parade planned in NC on Dec 3 #MacroSW

Thu Nov 10 18:28:27 PST 2016

**cultiv8hope**

RT @SocWrkDoc: A1) A larger concern for me was seeing decisions being made by some upper administration that affected SW programs response...

Thu Nov 10 18:28:27 PST 2016

**justin\_vest**

@karengoda @kwellssw I'm trying to keep a level head, but reality is GOP controls all branches of gov. That's a lot of power. #MacroSW

Thu Nov 10 18:28:30 PST 2016

**cultiv8hope**

RT @SunyaFolayan: A1: I don't see America as coming together as one, if a group spells it Amerikkka. We cannot continue to gloss over this...

Thu Nov 10 18:28:33 PST 2016

**cheyennejohnst**

@kwellssw It is so great to hear good and nice things from other countries :) #MacroSW #SW4710

Thu Nov 10 18:28:34 PST 2016

**officialmacrosw**

@melaniesage @poliSW "Emboldened racism" - a most apt phrase. #macrosw

Thu Nov 10 18:28:40 PST 2016



**cultiv8hope**

RT @OfficialMacroSW: Q2 What aspects of your identity were affected by this election?  
#MacroSW

Thu Nov 10 18:28:43 PST 2016

**karenzgoda**

@lakeya\_cherry @Relando\_T #MacroSW <https://t.co/2T0lp14Asx>

Thu Nov 10 18:28:46 PST 2016

**charoncannon**

I am worried how my clients will be affected, individuals with disabilities. #macroSW

Thu Nov 10 18:28:53 PST 2016

**polisw**

@karenzgoda @kwellssw <<fed benches #macrosw

Thu Nov 10 18:29:02 PST 2016

**vilissathompson**

A2: Being a Black disabled women in a country where the future President has disrespected every one of my identities without shame. #MacroSW

Thu Nov 10 18:29:04 PST 2016

**queent7221**

@OfficialMacroSW A2 my race and gender. very disappointed by the outcome #SW4710  
#MacroSW

Thu Nov 10 18:29:07 PST 2016

**erikaemke**

@CyberSocialWork I saw that footage as well. It is disturbing to see young children behaving this way. #4710 #MacroSw

Thu Nov 10 18:29:10 PST 2016

**ebelluomini**

#macrosw I wish the media would not cover this at all... <https://t.co/wdz46As1uv>

Thu Nov 10 18:29:20 PST 2016

**karenzgoda**

@socialchange91 #MacroSW <https://t.co/hbYbWfwNwk>

Thu Nov 10 18:29:27 PST 2016

**alliehotsauce**

A1: I've been following the "today we wallow, tomorrow we organize" rhetoric. Still trying to recharge and get motivated #macrosw

Thu Nov 10 18:29:28 PST 2016

**lakeya\_cherry**

@OfficialMacroSW A2 I'm one of "The" African Americans (don't live in the inner city though) and I'm a woman. #MacroSW

Thu Nov 10 18:29:29 PST 2016

**snoozeq1**

RT @socialworksage: A1- I'm also worried about the future of #NoDAPL with a change in political power, #StandingRock needs support not hate...

Thu Nov 10 18:29:31 PST 2016

**marshalesia**

A1: I'm being purposeful in what media I take in so as to not skew my positive outlook. I want to move forward w/ solutions #macrosw

Thu Nov 10 18:29:32 PST 2016

**andreaelzz**

A2: as a 1st gen Mexican American, I feel that I am not wanted neither is my community in the country and TX. #MacroSW

Thu Nov 10 18:29:33 PST 2016

- karengoda** RT @Justin\_Vest: @karengoda @kwellssw I'm trying to keep a level head, but reality is GOP controls all branches of gov. That's a lot of po...  
Thu Nov 10 18:29:36 PST 2016
- vilissathompson** A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities without shame. #MacroSW  
Thu Nov 10 18:29:36 PST 2016
- socwrkdoc** @melaniesage I was seriously surprised by some. The NADD list was rough for a while today #MacroSW  
Thu Nov 10 18:29:48 PST 2016
- dana\_ries** A2: I am a female and his negative remarks on women upsets and touches each of us. #SW4710 #MacroSW  
Thu Nov 10 18:29:50 PST 2016
- silverdichotomy** RT @SocialWorkersRJ: #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with corre...  
Thu Nov 10 18:30:06 PST 2016
- keenathwatkins3** @mlorithomas That is very disheartening. #MacroSW #SW4710  
Thu Nov 10 18:30:14 PST 2016
- tarletonsocw** RT @OfficialMacroSW: First question Q 1 How are you feeling tonight? #MacroSW (use A1 to identify your answer to Q1) @AndreaELZZ - you are...  
Thu Nov 10 18:30:17 PST 2016
- alexredcay** RT @CRISPOntoTheHill: Click Here to Read the latest @socworkpolicy Newsletter! <https://t.co/svZOQJjami> #macrosw <https://t.co/kDTiKbQQdO>  
Thu Nov 10 18:30:18 PST 2016
- godsdivaang** A2 #MacroSW #sw4710 Identifying with the minority, as I cringe to hear the words echoed "make America Great again"  
Thu Nov 10 18:30:19 PST 2016
- alexredcay** RT @alliehotsauce: A1: I've been following the "today we wallow, tomorrow we organize" rhetoric. Still trying to recharge and get motivated...  
Thu Nov 10 18:30:21 PST 2016
- lakeya\_cherry** RT @karengoda: @Relando\_T #MacroSW <https://t.co/zi5X0lp15S>  
Thu Nov 10 18:30:21 PST 2016
- alexredcay** RT @CharonCannon: I am worried how my clients will be affected, individuals with disabilities. #macroSW  
Thu Nov 10 18:30:23 PST 2016
- alexredcay** RT @Justin\_Vest: @karengoda @kwellssw I'm trying to keep a level head, but reality is GOP controls all branches of gov. That's a lot of po...  
Thu Nov 10 18:30:25 PST 2016

**alexredcay**

RT @SocWrkDoc: A1) A larger concern for me was seeing decisions being made by some upper administration that affected SW programs response...

Thu Nov 10 18:30:29 PST 2016

**alexredcay**

RT @SunyaFolayan: A1: I don't see America as coming together as one, if a group spells it Amerikkka. We cannot continue to gloss over this...

Thu Nov 10 18:30:32 PST 2016

**laurenkarlisle**

RT @VilissaThompson: A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities w...

Thu Nov 10 18:30:33 PST 2016

**sfdirewolf**

RT @VilissaThompson: A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities w...

Thu Nov 10 18:30:43 PST 2016

**armandoanymile**

My identity as someone well versed in politics/political sciences. I've never been more wrong, for a longer period of time. Ever. #MacroSW

Thu Nov 10 18:30:45 PST 2016

**dontxtrip1x1x6**

#MacroSW #SW4710 I feel that my ethnicity has been affected my this election and I feel the need to worry now when I am in certain areas.

Thu Nov 10 18:30:53 PST 2016

**filipeduarte81**

Greetings & Solidarity from Canada. #MacroSW

Thu Nov 10 18:30:59 PST 2016

**alexredcay**

RT @ElenaDelavega7: #macrosw is more important than ever. We must teach our students basic economics so they understand what actually works...

Thu Nov 10 18:31:02 PST 2016

**charoncannon**

A2 I am African American and a woman. #macroSW

Thu Nov 10 18:31:08 PST 2016

**lakeya\_cherry**

@alliehotsauce @Relando\_T Yes, so although it's scary, the doubters and deniers can now see the reality that many have known. #MacroSW

Thu Nov 10 18:31:09 PST 2016

**justin\_vest**

A2: I realized I need to reclaim my identity as working class white & work to reach others in this group to advance social justice. #MacroSW

Thu Nov 10 18:31:10 PST 2016

**alexredcay**

RT @melaniesage: We can't afford to sit back & hope for the best. We need to plan to protect social justice and address emboldened racism. #...

Thu Nov 10 18:31:22 PST 2016

**karenzgod**

@Justin\_Vest @kwellssw it's fair to say our President-elect doesn't like most of them #MacroSW <https://t.co/5UuLePzKyQ>

Thu Nov 10 18:31:31 PST 2016

**polisw**

@Relando\_T @socialworksage @call\_me\_bwana "you can't be neutral on a moving train."- Howard Zinn #macrosw

Thu Nov 10 18:31:33 PST 2016

**vilissathompson**

A2: When the future president mocks, degrades, & stereotypes every marginalized identity you have, how can I feel safe/valued? #MacroSW

Thu Nov 10 18:31:44 PST 2016

**danaksw**

@OfficialMacroSW A2: Race primarily and then gender. #macrosw

Thu Nov 10 18:31:46 PST 2016

**drnjonestsu**

I am here representing @TarletonSOCW #macrosw <https://t.co/6b1RW6PzUA>

Thu Nov 10 18:31:50 PST 2016

**er9172\_aisha**

#Sw4710 #macrosw A1 let's be positive we can't lose all hope. I trust that things will get better.

Thu Nov 10 18:31:50 PST 2016

**melaniesage**

A2- hit me hard as an educator, sorting out how I need to show up for my students & in the sw classroom in a Red state. #macrosw

Thu Nov 10 18:31:54 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: Hello - Welcome to the Post-Election Detox and Open Mic #MacroSW Chat. I'm Pat Shelly from @UBSSW using the...

Thu Nov 10 18:31:57 PST 2016

**socialworksage**

A2- That man will feel empowered to continue to marginalize women. The fight for gender equality has taken a blow. #macrosw

Thu Nov 10 18:31:57 PST 2016

**kujakupoet**

RT @VilissaThompson: A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities w...

Thu Nov 10 18:31:58 PST 2016

**dontxtrip1x1x6**

#MacroSW #SW4710 A2 I feel that my ethnicity has been affected by this election and I feel the need to worry now when I am in certain area

Thu Nov 10 18:31:58 PST 2016

**armandoanymile**

A2 My identity as someone well versed in politics/political sciences. I've never been more wrong, for a longer period of time, ever #MacroSW

Thu Nov 10 18:31:58 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: Open Mic means any topic can be discussed - but we'll begin by talking about the election. Please use #MacroSW in all...

Thu Nov 10 18:32:02 PST 2016

**officialmacrosw**

A2 as a white female I am feeling guilt. #MacroSW

Thu Nov 10 18:32:02 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: Our #MacroSW blog gives you basics abt. twitter

chats/FAQs/schedule of our chats. Our Partners: @acosaorg @SideProject...

Thu Nov 10 18:32:07 PST 2016

**irtinasaad**

A2. As an Arab American I felt proud to even vote. Lebanon didnt have a prez for 4 yrs, I think we will survive this. #macrosw #sw4710

Thu Nov 10 18:32:09 PST 2016

**russian\_starr**

RT @VilissaThompson: A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities w...

Thu Nov 10 18:32:11 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: ...@porndaughter @SunyaFolayan @laurelhitchcock @poliSW @Relando\_T @VilissaThompson - we rotate the hosting #MacroSW c...

Thu Nov 10 18:32:11 PST 2016

**karenzgoda**

We have got to get out of the fetal position and get organized NOW. #MacroSW <https://t.co/iy685XpZPe>

Thu Nov 10 18:32:14 PST 2016

**cultiv8hope**

RT @Justin\_Vest: A2: I realized I need to reclaim my identity as working class white & work to reach others in this group to advance social...

Thu Nov 10 18:32:14 PST 2016

**jessicankrug**

@OfficialMacroSWI am affected in my identify because i am a woman and a mother of three daughters.Rape culture is a real #SW4710 #MacroSW

Thu Nov 10 18:32:19 PST 2016

**cultiv8hope**

RT @filipeduarte81: Greetings & Solidarity from Canada. #MacroSW

Thu Nov 10 18:32:24 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: ...on detoxifying from what has been an experience of #Trauma for many. We want this chat to be trauma-informed. #Macr...

Thu Nov 10 18:32:25 PST 2016

**dudemediasucks**

#MacroSW A2 My American identity was affected by how this election demonstrated how invisible institutionalized privilege is to this day.

Thu Nov 10 18:32:25 PST 2016

**socialsciberta**

#macrosw Although I usually represent ITTIC, I have personal views on this election. It has been a very confusing time for me.

Thu Nov 10 18:32:27 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: FYI- <https://t.co/9wruHTk6xE> Here's a link to SAMSHA #TraumaInformed Approaches and Interventions. #MacroSW

Thu Nov 10 18:32:29 PST 2016

**justin\_vest**

@karenzgoda @kwellssw And a lot of progress was won via executive order. Those can be undone as can ACA. #MacroSW

Thu Nov 10 18:32:29 PST 2016

**cultiv8hope**

RT @DontxTrip1x1x6: #MacroSW #SW4710 I feel that my ethnicity has been affected my

this election and I feel the need to worry now when I am...

Thu Nov 10 18:32:29 PST 2016

**alexredcay**

#macrosw <https://t.co/v2jLj9qaMe>

Thu Nov 10 18:32:30 PST 2016

**kwelssw**

A2 None! I and my actions define myself, not the country I currently reside in and its big money puppet politics #macrosw #sw4710

Thu Nov 10 18:32:31 PST 2016

**cultiv8hope**

RT @VilissaThompson: A2: Being a Black disabled woman in a country where the future President has disrespected every one of my identities w...

Thu Nov 10 18:32:36 PST 2016

**cheyennejohnst**

A2. I am still a strong independent female and no one will stop me from reaching my goals. My identity is still the same #SW4710 #macrosw

Thu Nov 10 18:32:38 PST 2016

**mdrswrj**

RT @SocialWorkersRJ: #macroSW check out #translawhelp and #transmedicalhelp to see if you can help Trans people get documents with corre...

Thu Nov 10 18:32:39 PST 2016

**drnjonestsu**

RT @OfficialMacroSW: We must not assume we know how our colleagues/students voted. I as #MacroSW chat host will be non-partisan. Respect, s...

Thu Nov 10 18:32:41 PST 2016

**karenzgoda**

RT @Justin\_Vest: @karenzgoda @kwelssw And a lot of progress was won via executive order. Those can be undone as can ACA. #MacroSW

Thu Nov 10 18:32:41 PST 2016

**cultiv8hope**

RT @alliehotsauce: A1: I've been following the "today we wallow, tomorrow we organize" rhetoric. Still trying to recharge and get motivated...

Thu Nov 10 18:32:42 PST 2016

**erikaemke**

A2 Being a woman under a president who feels it is acceptable to "grab" women. #macrosw #4710

Thu Nov 10 18:32:42 PST 2016

**cultiv8hope**

RT @CharonCannon: I am worried how my clients will be affected, individuals with disabilities. #macroSW

Thu Nov 10 18:32:46 PST 2016

**alexredcay**

#MacroSW <https://t.co/ei0N27yfZE>

Thu Nov 10 18:32:46 PST 2016

**dontxtrip1x1x6**

#MacroSW #SW4710 A2- not so much the particular area but the certain environments.

Thu Nov 10 18:32:47 PST 2016

**cultiv8hope**

RT @Justin\_Vest: @karenzgoda @kwelssw I'm trying to keep a level head, but reality is GOP controls all branches of gov. That's a lot of po...

**mlorithomas**

@karengoda @kwellssw #MacroSW

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